

Infant's Name _____ Birth Date _____ Today's Date _____

_____ Male _____ Female Birth Weight _____ Present Weight _____ Birth Location _____

_____ Vaginal birth _____ C-Section Birth Any birth complications? _____

Are you presently breastfeeding ____ Yes ____ No If no, how long since you stopped breastfeeding _____

Medical History:

1. Infants are usually given vitamin K at birth. Did your child receive the vitamin K shot? ____ Yes ____ No

2. Was your infant premature? ____ Yes ____ No If Yes, how many weeks? _____

3. Does your infant have any heart disease ____ Yes ____ No or known bleeding diseases? ____ Yes ____ No

4. Has your infant had any surgery? ____ Yes ____ No

5. Has your infant experienced any of the following? Please check / circle / elaborate as needed.

- | | |
|---|---|
| <input type="checkbox"/> Falls asleep in the middle of a feed | <input type="checkbox"/> Shallow latch at breast or bottle |
| <input type="checkbox"/> Gagging, choking, or coughing when eating | <input type="checkbox"/> Slides or pops on and off the nipple |
| <input type="checkbox"/> Hiccups often <input type="checkbox"/> Lots of <i>in utero</i> hiccups | <input type="checkbox"/> Poor or slow weight gain |
| <input type="checkbox"/> Pacifier falls out easily or won't stay in | <input type="checkbox"/> Gumming or chewing the nipple |
| <input type="checkbox"/> Short sleeping and waking often | <input type="checkbox"/> Snoring, noisy breathing, or mouth breathing |
| <input type="checkbox"/> Baby seems always hungry and not full | <input type="checkbox"/> Baby moves a lot in sleep/restless sleep |
| <input type="checkbox"/> Lip curls under when nursing or taking bottle | <input type="checkbox"/> Clicking or smacking noises when eating |
| <input type="checkbox"/> Sucking blisters or callouses on lips | <input type="checkbox"/> Colic symptoms / Baby cries a lot |
| <input type="checkbox"/> Reflux symptoms | <input type="checkbox"/> Spits up often? Amount / Frequency _____ |
| <input type="checkbox"/> Gassy (toots a lot) / Fussy often | <input type="checkbox"/> Milk leaks out of mouth when nursing/bottle |
| <input type="checkbox"/> Nose sounds congested often | <input type="checkbox"/> Baby is frustrated at the breast or bottle |
| How long does baby take to eat? _____ | How often does baby eat? _____ |

6. Is your infant taking any medications? ____ Reflux ____ Thrush Name of medication: _____

7. Has your infant had a prior surgery to correct the tongue or lip tie? If yes, when, where, and by whom? _____

8. Do you have any of the following signs or symptoms now or in the past? Please check/circle/elaborate.

- | | |
|--|---|
| <input type="checkbox"/> Creased, flattened, or blanched nipples | <input type="checkbox"/> Lipstick shaped nipples |
| <input type="checkbox"/> Blistered or cut nipples | <input type="checkbox"/> Bleeding nipples |
| <input type="checkbox"/> Nipple thrush | <input type="checkbox"/> Poor or incomplete breast drainage |
| <input type="checkbox"/> Decreasing milk supply | <input type="checkbox"/> Plugged ducts / engorgement / mastitis |
| <input type="checkbox"/> Baby prefers one side over other ____ (R/L) | <input type="checkbox"/> Using a nipple shield |
| Pain on a scale of 1-10 when first latching _____ | <input type="checkbox"/> Feelings of hopelessness / depression |
| Pain (1-10) during nursing _____ | |

Primary Care Provider _____ Chiropractor/PT/CST _____

Lactation Consultant _____ Other Therapist/Provider _____

Who referred you to us? _____ How far away do you live? _____

Doctor's Signature _____