

Infant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Today's Date \_\_\_\_\_

\_\_\_\_\_ Male \_\_\_\_\_ Female Birth Weight \_\_\_\_\_ Present Weight \_\_\_\_\_ Birth Location \_\_\_\_\_

\_\_\_\_\_ Vaginal birth \_\_\_\_\_ C-Section Birth Any birth complications? \_\_\_\_\_

Are you presently breastfeeding \_\_\_ Yes \_\_\_ No If no, how long since you stopped breastfeeding \_\_\_\_\_

**Medical History:**

1. Infants are usually given vitamin K at birth. Did your child receive the vitamin K shot? \_\_\_ Yes \_\_\_ No

2. Was your infant premature? \_\_\_ Yes \_\_\_ No If Yes, how many weeks? \_\_\_\_\_

3. Does your infant have any heart disease \_\_\_ Yes \_\_\_ No or known bleeding diseases? \_\_\_ Yes \_\_\_ No

4. Has your infant had any surgery? \_\_\_ Yes \_\_\_ No

**5. Has your infant experienced any of the following? Please check / circle / elaborate as needed.**

- |   |   |
|---|---|
| <input type="checkbox"/> Falls asleep in the middle of a feed                                   | <input type="checkbox"/> Shallow latch at breast or bottle            |
| <input type="checkbox"/> Gagging, choking, or coughing when eating                              | <input type="checkbox"/> Slides or pops on and off the nipple         |
| <input type="checkbox"/> Hiccups often <input type="checkbox"/> Lots of <i>in utero</i> hiccups | <input type="checkbox"/> Poor or slow weight gain                     |
| <input type="checkbox"/> Pacifier falls out easily or won't stay in                             | <input type="checkbox"/> Gumming or chewing the nipple                |
| <input type="checkbox"/> Short sleeping and waking often  | <input type="checkbox"/> Snoring, noisy breathing, or mouth breathing |
| <input type="checkbox"/> Baby seems always hungry and not full                                  | <input type="checkbox"/> Baby moves a lot in sleep/restless sleep     |
| <input type="checkbox"/> Lip curls under when nursing or taking bottle                          | <input type="checkbox"/> Clicking or smacking noises when eating      |
| <input type="checkbox"/> Sucking blisters or callouses on lips                                  | <input type="checkbox"/> Colic symptoms / Baby cries a lot            |
| <input type="checkbox"/> Reflux symptoms  | <input type="checkbox"/> Spits up often? Amount / Frequency _____     |
| <input type="checkbox"/> Gassy (toots a lot) / Fussy often                                      | <input type="checkbox"/> Milk leaks out of mouth when nursing/bottle  |
| <input type="checkbox"/> Nose sounds congested often  | <input type="checkbox"/> Baby is frustrated at the breast or bottle   |
| How long does baby take to eat? _____   | How often does baby eat? _____  |

6. Is your infant taking any medications? \_\_\_ Reflux \_\_\_ Thrush Name of medication: \_\_\_\_\_

7. Has your infant had a prior surgery to correct the tongue or lip tie? If yes, when, where, and by whom? \_\_\_\_\_

**8. Do you have any of the following signs or symptoms now or in the past? Please check/circle/elaborate.**

- |   |   |
|---|---|
| <input type="checkbox"/> Creased, flattened, or blanched nipples      | <input type="checkbox"/> Lipstick shaped nipples                |
| <input type="checkbox"/> Blistered or cut nipples                     | <input type="checkbox"/> Bleeding nipples                       |
| <input type="checkbox"/> Nipple thrush                                | <input type="checkbox"/> Poor or incomplete breast drainage     |
| <input type="checkbox"/> Decreasing milk supply                       | <input type="checkbox"/> Plugged ducts / engorgement / mastitis |
| <input type="checkbox"/> Baby prefers one side over other _____ (R/L) | <input type="checkbox"/> Using a nipple shield                  |
| Pain on a scale of 1-10 when first latching _____                     | <input type="checkbox"/> Feelings of hopelessness / depression  |
| Pain (1-10) during nursing _____                                      |   |

Primary Care Provider \_\_\_\_\_ Chiropractor/PT/CST \_\_\_\_\_

Lactation Consultant \_\_\_\_\_ Other Therapist/Provider \_\_\_\_\_

Who referred you to us? \_\_\_\_\_ How far away do you live? \_\_\_\_\_

Doctor's Signature \_\_\_\_\_