To Richmond, VA Dental Offices:

Most people here in the United States don't know how much of a problem poor dental health care is. If one does not take care of their teeth by brushing and flossing as often as possible, it can lead to a variety of health problems such as heart disease and diabetes. For my Girl Scout Gold Award, I am going to try and increase awareness and distribute dental supplies to people that need it most in our community and an orphanage in Montego Bay, Jamaica.

I first thought of the idea to start the charity program, "Toothbrushes for Tots," when my aunt adopted a young child from Vietnam three years ago. The two year old, named Olivia, came to the United States with a mouth full of rotten, decayed teeth. She had never seen a dentist in her life. She had to have multiple dental surgeries and all of her baby teeth removed. When I saw the terrible state of her mouth, I thought of how unacceptable it is for people to have teeth like that because of how unsanitary it is and all the health problems it can cause. Olivia was the inspiration for this project.

I have divided this project into different phases that I will carry out over a period of a year. I will first start by going to dental offices, my school, and the general community to ask for donations of items such as toothpaste, toothbrushes, mouth wash, and floss. My goal is to collect 2,000 tooth brushes by the summer of 2011. I will then go and give a presentation to a needy school in downtown Richmond, Virginia about proper dental care and distribute the items I have collected. My cousin, Alex is a dentist and he will accompany me and help educate the kids as well.

In late July, I will go to an orphanage in an impoverished area of Montego Bay, Jamaica and give another presentation about dental health care and distribute the collected supplies to the children there. This project is going to help a lot of kids learn more about dental care and help them get the proper supplies they need. However, that can't happen without your-donation. If you would like to donate, please call (804) 502- or email me at all all all all all all all all donations by July 1, 2011. Thank you so much for your time and any donations are much appreciated.

Sincerely, Morgan

